

Male Pattern Baldness

A lot of young men suffer from early hair loss and balding. It's distressing because balding can make a person look much older than they actually are. Hair treatments if begun early can arrest hair fall and induce new hair growth also. The hair root needs to get stimulated, while it is still active and alive. If the hair root is left unchecked for a long enough time, then it gets miniaturized or goes dead. No treatment done on dead hair root can bring it back to life.

Most common reason for hair fall in men is male pattern baldness, which is due to excess testosterone which gets converted to DHT (di-hydro testosterone). DHT in turn starts to shrink the hair follicles (hair roots) and over a period of time, when the hair follicle has completely shrunk, it becomes dead and will no longer regenerate new hair.

You need to start your treatment while you still have good number of hair and as soon as you notice excess hair fall. Do not wait until you have gone 60-70% bald. By then, it's most often too late for conventional treatments to work and you will have to then opt for hair transplant. Visit your dermatologist as soon as possible and get treated.

Please be careful when you choose your hair care provider and do not fall prey to tall claims and false advertisements. One need not invest too much money to get their hair fall arrested at an early age.